

CERTIFICATE OF UNDERSTANDING  
AND ASSUMPTION OF RISK AGREEMENT



Please read carefully and fill in all blanks before signing.

I, \_\_\_\_\_ hereby affirm that I have been advised and thoroughly informed of the inherent hazards of Martial Art and Martial Art Training which may result in serious injury.

I understand this Certificate of Understanding and Assumption of Risk Agreement (the Certificate) hereby encompasses and applies to all Martial Art activities and training in which I choose to participate as part of my membership of The Wessex Judo Club.

Further, I understand that the Certificate encompasses and applies to all courses in which I choose to participate that are introduced as a part of the syllabus as well as specialty courses that accompany the syllabus, or any course or seminar that I participate in that is conducted by The Wessex Judo Club. These specialty courses or seminars may include first aid courses, assistant teacher/assistant instructor courses, teacher/instructor courses, and general Martial Art seminars.

I understand and agree that the Certificate applies to all instructors, assistant instructors, employees, agents and assigns of The Wessex Judo Club, through which such training activities, as identified above, are conducted.

I understand and agree that neither my teacher(s)/instructor(s), assistant teacher(s)/assistant instructor(s), The Wessex Judo Club nor any of their respective employees, officers, agents or assigns (hereinafter referred to as "Released Parties"), may be held liable or responsible in any way for any injury, death, or other damages to me or my family, heirs, or assigns that may occur as a result of my participation in these Martial Art activities or as a result of any matter or condition under my control.

As a condition of being allowed to enrol in these Martial Art training activities, I hereby personally assume all risks in connection with said activities, for any harm, injury or damage that may befall me while I am enrolled as a student of these activities, including all risks connected therewith, whether foreseen or unforeseen.

I also understand that Martial Art and Martial Art training cause physical strain or exertion not necessarily experienced in non-Martial Art training situations, and that I assume all risk for, and will not hold the released parties responsible for, any injuries, including injuries due to heart attack, panic, hyperventilation or other injuries caused by physical strain and exertion.

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I hereby state and agree that the Certificate will be effective and valid for all specialised Martial Art activities as defined above for the period of my membership of The Wessex Judo Club.

I understand and agree this certificate is divisible, and any portion herein held to be in violation of any applicable statutes or regulations or any government agency having jurisdiction shall affect only that portion held to be invalid or inoperative, and the remaining portions of this certificate shall remain in full force and effect.

I further state that I am of lawful age and legally competent to sign the Certificate, or that I have acquired the written consent of my parent or guardian.

I understand that the terms herein are contractual and not a mere recital and that I have signed this document of my own free will and accord.

I, \_\_\_\_\_ by this document do hereby Exempt and release The Wessex Judo Club, my teacher(s) / instructor(s), assistant teacher(s) /assistant instructor(s), and all related entities as defined above, from all liability or responsibility whatsoever for personal injury, property damage or wrongful death, which results from my own conduct or any matter or condition under my control. I have fully informed myself of the contents of this certificate of understanding and assumption of risk agreement by reading it before I signed it on behalf of myself and my heirs. I further understand and agree that this certificate is effective and valid for the period of my membership of The Wessex Judo Club

Signature of student

\_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian (where applicable)

\_\_\_\_\_ Date \_\_\_\_\_